



टाटा मूलभूत अनुसंधान संस्थान

**TATA INSTITUTE OF FUNDAMENTAL RESEARCH**

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भारत सरकार का नाभिकीय विज्ञान एवं गणित का राष्ट्रीय केंद्र

एवं समविश्वविद्यालय

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Ref: TFR/ADM/Dir. Office/

March 16, 2020

## **ADDITIONAL PRECAUTIONS AGAINST COVID-19 CORONAVIRUS**

### **MEDICAL**

1. In addition to the precautions suggested vide TIFR Letter No. TFR/ADM/Dir. Office dated March 12, 2020, all are requested to adhere to the following.
2. Any student / Faculty/ staff returning from international travel should visit Kasturba Hospital, Chinchpokali, Mumbai for assessment. Use mask or handkerchief when you visit the hospital. 14 days' isolation at home is advised even if one tests negative. You should keep medical section informed [via email or phone]. Members are requested not to withhold any information & to follow this protocol strictly to avoid worsening of the situation.
3. All section heads /PIs/ supervisors also are requested to be vigilant in this regard.
4. Any member [even without any travel history], if they have fever/cough/sore throat should stay at home till recovery keeping the medical facility informed about any further development. Voluntary reporting to Kasturba hospital is encouraged in case of worsening symptoms.
5. All are requested to avoid any large gatherings.
6. Always maintain hand & respiratory hygiene.
  - (a) Wash your hands frequently with soap & water or use alcohol based (more than 60% alcohol) hand rub even if hands are visibly clean.

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- (b) Cover your mouth & nose with a tissue/hand kerchief or flexed elbow while coughing & sneezing. Discard the tissue into a closed bin & wash hands immediately.
  - (c) Do not touch your eyes/nose/mouth.
  - (d) Disinfect frequently touched surfaces like door knobs /railings/table tops/switches, etc.
7. Avoid any travel [international or domestic]. Use video conferencing instead.
8. Any international visitor [Indian or foreign national] should be discouraged to visit. If at all anyone has already arrived, they should be given a clear idea about the possibility of quarantine for 14 days. Keep medical section informed.
9. Visit WHO or Ministry of Health & family welfare sites for authentic information about the situation. Do not trust rumors.



(Sandip Trivedi)  
**Director**

**Deans/Registrar/Department Chair's/Section Heads**