



USE ♥ TO  
CONNECT  
EVERY ♥

USE ♥ TO  
CONNECT  
WITH  
YOUR ♥

USE ♥ TO  
CONNECT  
PEOPLE  
WITH ♥



# LOVE YOUR HEART

A large, stylized pink heart with a white outline, containing six health tips. Each tip is accompanied by a circular icon. The tips are: 'REDUCE SALT CONSUMPTION' with a salt shaker icon; 'LIMIT ALCOHOL INTAKE' with a bottle and glass icon; 'DON'T SMOKE' with a cigarette icon; 'CHOOSE A HEALTHY DIET' with a basket of fresh fruits and vegetables icon; 'EXERCISE DAILY' with a silhouette of a person running icon; and 'MAINTAIN HEALTHY WEIGHT' with a scale icon showing a hand placing a weight on the platform.

REDUCE SALT  
CONSUMPTION

LIMIT  
ALCOHOL INTAKE

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HEALTHY DIET

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